

SEMAGLUTIDE & TIRZEPAPTIDE INJECTION CONSENT

This document is intended to serve as confirmation of informed consent for compounded Glucagon-like Peptide-1 Injections (Semaglutide or Tirzepatide), which are medications used for weight loss. These are once-weekly injections.

Semaglutide is a human-based glucagon-like peptide-1 receptor agonist prescribed as an adjunct to a reduced calorie diet and increased physical activity for chronic weight management in adults with an initial body mass index (BMI) that is considered outside a healthy range.

Tirzepatide is a dual Glucagon Like Peptide-1 (GLP-1) receptor and Glucose Dependent Insulinotropic Polypeptide (GIP) receptor agonist. It works by increasing insulin production and lowers glucagon secretion, as well as targeting areas in the brain that regulate appetite and food intake. A small change in the molecule allows the drug to last weeks in our bodies rather than the natural version our bodies make, which lasts minutes.

While using (Semaglutide or Tirzepatide) it is highly recommended that you:

- Eat a fibrous diet. Focus on fruits and vegetables that are high in fiber.
- Eat small high-protein meals, digestion is slowed down while on this medication.
- Avoid foods high in fat as they take longer to digest.
- Limit alcohol intake as this medication can lower blood pressure.
- Drink at least 32oz of water daily to avoid constipation.
- Increase physical activity.

Do not take this medication if:

- You have a personal or family history of medullary thyroid carcinoma (Thyroid Cancer).
- Multiple Endocrine Neoplasia Syndrome Type 2.
- You are pregnant, plan to become pregnant, or nursing while taking this medication.
- You are diabetic and/or taking any medications related to lowering your blood sugar without consulting with your physician.
- Specifically, if you are prescribed insulin because the combination may increase your risk of hypoglycemia (low blood sugar) dosage adjustments by your provider may be necessary.
- Have a history of pancreatitis.
- You are allergic to Semaglutide, Tirzepatide or BPC-157.
- Do not take with other GLP-1 agonist medicines such as: Adlyxin®, Byeta®, Bydureon®, Ozempic®, Rybelsus®, Trulicity®, Victoza®, Wegovy® (THIS IS NOT AN ALL-INCLUSIVE LIST).
- Possible drug interactors: Anti-diabetic agents, specifically: Insulin and Sulfonylureas (e.g., glyburide, glipizide, glimepiride, tolbutamide) due to the increased risk of hypoglycemia (low blood sugar). For other medications used in diabetes, please tell your provider about any medications that may lower your blood sugar.
- If you have other allergies to medications.

Possible Side Effects: Nausea, vomiting, diarrhea, constipation, abdominal pain, headache, fatigue, dyspepsia, dizziness, abdominal distension, belching, hypoglycemia, flatulence, gastroenteritis, and gastroesophageal reflux disease.

Subcutaneous Injections: Common injection site reactions characterized by itching and burning at the site of administration with or without thickening of the skin (welling).

Rare side effects may include; Inflammation of your pancreas (pancreatitis), gallbladder problems, increased risk of low blood sugar (hypoglycemia) in patients with type 2 diabetes, especially those who also take medicines for type 2 diabetes such as sulfonylureas or insulin, kidney problems, serious allergic reactions, increased heart rate, change in vision in patients with type 2 diabetes, depression or thoughts of suicide. Thyroid C-cell tumor (animal studies), medullary thyroid cancer, hypersensitivity reaction, syncope.

Other side effects not listed above may also occur in some individuals. If you notice any other effects, please notify us immediately. Additionally, there is always a risk of a bruise, tenderness, or infection whenever a needle is passed through the skin.

A very serious allergic reaction to this drug is rare. However, get medical help right away if you notice any symptoms of a serious allergic reaction, including rash, itching/swelling (especially of throat/face/tongue), severe dizziness, and trouble breathing. Report adverse side effects to your doctor. In the event of an emergency, call 911 immediately.

Although it is impossible to list every potential risk and complication, I have been informed of possible benefits, risks, and complications. I also recognize there are NO guaranteed results that independent results are dependent on age, pre-existing conditions, and lifestyle.

I understand my obligation to follow the instructions closely and visit the office as directed. I certify that I have read the above consent and fully understand it. By signing this form, I voluntarily give my consent for treatment and agree to the risks. I have been given ample opportunity for discussion and all my questions have been answered to my satisfaction. I also agree to hold harmless and release from any liability SBLR Inc or any of its officers, directors, or employees for any condition or result, known or unknown that may arise as a result of any treatment that I receive.

Patient Signature _____ Date _____